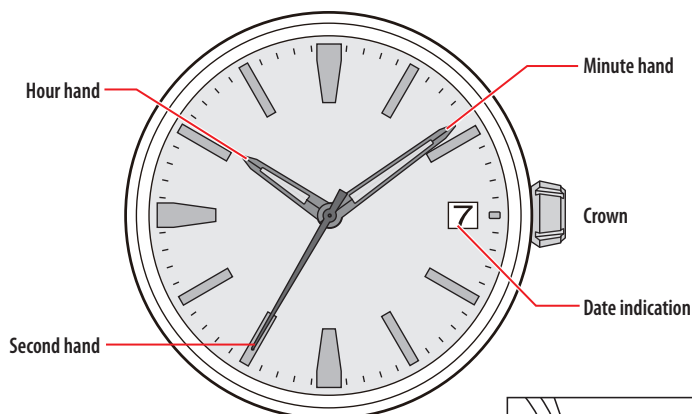
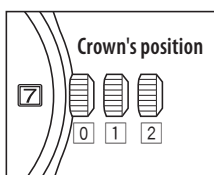


- To see details of specifications and operations, refer to the online guide: <https://www.citizenwatch-global.com/support/html/en/0950/0950.html>

Component identification



- Actual appearance may differ from the illustrations.
- The crown has two positions when pulling it out.



Winding the mainspring

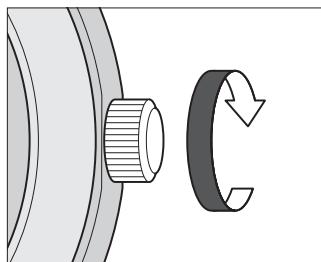
This is an automatic mechanical watch powered by a spring.

When wearing the watch, your arm's movement rotates the oscillating weight to wind the mainspring automatically.

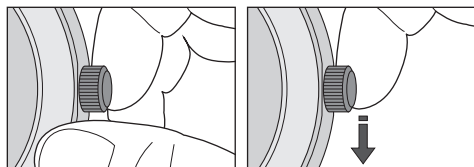
- When your arm's movement is small and/or a few, winding will become insufficient. We recommend to wear the watch as long as possible or wind the mainspring manually in such cases.

Winding the mainspring manually

- Push the crown in to position **0**.
- Hold the crown with your thumb and index finger and rotate it clockwise slowly.



- Rubbing down the crown from the back side of the watch can also rotate it.



- When the watch is stopped, turning the crown about 42 times will wind the mainspring fully.
- Once the mainspring is wound fully, the watch will run for about 50 hours.
- Rotating the crown further after the mainspring was wound fully does not damage the mainspring.

Adjusting the time and calendar

Setting the time

- Pull the crown out to position **2** when second hand points **0 second**.
The second hand stops.
- Rotate the crown to set the time.
 - The hour and minute hands move synchronously.
 - The calendar also move synchronously as the time is advanced. Change of calendar shows it just became 0:00 AM. Take care the time set is AM or PM.
- Push the crown in to position **0** in accordance with a reliable time source to finish the procedure.

Adjusting the calendar

- The date indication based on the 31-day calendar. Calendar adjustment is required on the first days of March, May, July, October and December.
- Adjusting the calendar in a certain period of time on the watch may cause incorrect change of indication.
Do not adjust the calendar when the watch indicates a time between 8:00 PM and 4:30 AM.

- Pull the crown out to position **1**.
- Rotate the crown clockwise to set the date indication.
- Push the crown in to position **0** to finish the procedure.

About mechanical watches

Accuracy of a mechanical watch may be affected by using conditions such as below.

Winding amount of the mainspring	A mechanical watch keeps its accuracy best when its mainspring is sufficiently wound.
Posture of the watch	Accuracy of a mechanical watch varies affected by gravity. The accuracy varies as the result that the watch may take various attitude while worn and gravitate to a different direction every moment.
Temperature	Metal parts are used for the part for keeping accuracy in a mechanical watch. The accuracy varies affected by their thermal expansion and contraction and change of characteristics as a spring.
Magnetism	Metal parts are used in a mechanical watch. Magnetism affects them and accuracy of the watch in consequence. Do not bring it close to things which have or generate strong magnetism.
Impact and others	Strong shocks and continuous vibration may also affect the accuracy.