

# The CITIZEN



# Introduction

Thank you for purchasing The CITIZEN.




This is a mechanical watch.

To ensure correct use, please read these instructions carefully.

# Safety Precautions: IMPORTANT



This manual contains the following the instructions that should be strictly followed at all times to prevent injury to yourself and other persons as well as damage to property.

- Injuries and damages which might be caused by using the watch improperly or neglecting any of the instructions or precautions contained in this manual are classified with the following symbols.

 <b>Danger</b>	Highly likely to cause death or serious injury.
 <b>Warning</b>	Can cause serious injury or death
 <b>Caution</b>	Can or will cause minor or moderate injury or damage

## Safety Precautions: IMPORTANT

- Important instructions are categorized and depicted in this manual as follows:

	Warning (caution) symbol followed by instructions that should be followed or precautions that should be observed.
	Warning (caution) symbol followed by prohibited matters.

### <Protective Stickers>

Be sure to remove any protective stickers that may be on your watch (case back, band, clasp, etc.). Otherwise, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash and/or corrosion of the metal parts.

### <Band adjustment>

We recommend seeking the assistance of an experienced watch technician for sizing of your watch. If adjustment is not done correctly, the bracelet may unexpectedly become detached leading to loss of your watch or injury.

Consult Citizen Owners' Help Desk.

## Safety Precautions: IMPORTANT



### ◆ The crown

#### <Operating the screw down crown>

- The screw down crown is featured on some models.

Locking the crown prevents accidental operation. Unlock it when you want to operate the watch.

- Unlocking is not required before operation if your watch features a non screw down crown.

	Unlock	Relock
<b>Screw down crown</b>	 Turn the crown to the left (counter clockwise) until it pops out.	 Turn the crown to the right (clockwise) while gently pushing it in, and tighten firmly.



#### Caution

- When locking, pay attention to the screw fit, and push down gently while rotating.
- If you feel the screw catch during locking, do not apply excessive force, instead return to initial position and rotate again.

# Contents

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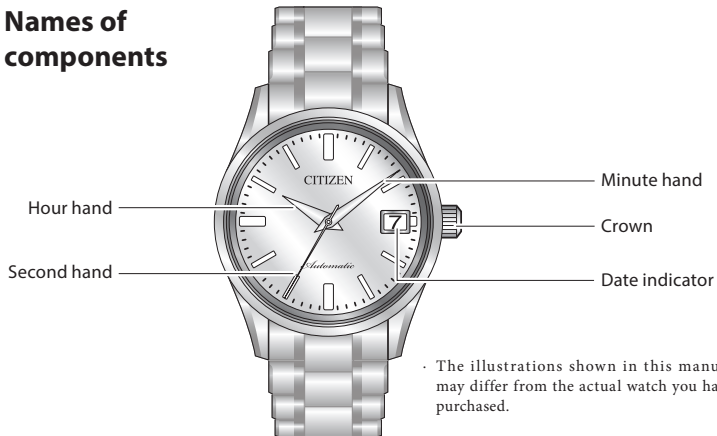
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# Features

The CITIZEN model no. 0910 is a mechanical (automatic winding) watch. Its design offers an understated, eye-pleasing simplicity.

# Handling the Watch

## ◆ Names of components



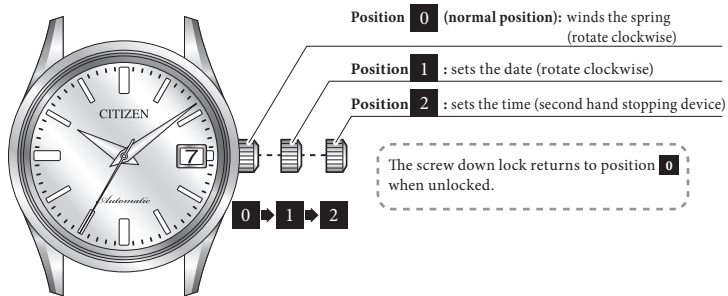
· The illustrations shown in this manual may differ from the actual watch you have purchased.



# Handling the Watch

## ◆ Crown position and operation

The crown can be pulled out and used as shown below.



### ◆ The spring

If sufficiently wound, duration of spring is about 42 hours.

Sufficient winding ensures stable and accurate operation.

#### **Winding guide**

This watch is a mechanical automatic winding watch (manual winding function also available).

##### • **Automatic winding**

When worn on the wrist, the normal movement of the arm will wind the spring. Please make sure to wear it for at least 8 hours daily. In case most of your work is at a desk and there is little arm movement, it may result in insufficient winding. In such cases, please wind manually.

##### • **Manual winding**

Rotate the crown clockwise in position 0 to wind the spring.  
If the watch has stopped, rotating the crown around 40 times will result in sufficient winding of the spring.

When fully wound, further rotating the crown will not damage the spring.

# Handling the Watch

## ◆ Setting the time and date

- Set the date with the crown in position **1**
- Set the hour/minute hands with the crown in position **2**

# 1

**Wind the spring.**

**With the crown in position 0, rotate clockwise slowly.**

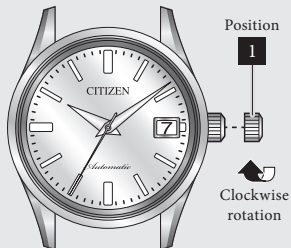
**(In case of a screw down crown, unlock it. See page 4)**

- After around 40 rotations, the spring will be almost completely wound.

# 2

**Pull the crown to position **1**.**

**Set the date to the previous day (set to one day before the desired date) by rotating the crown clockwise.**



## Handling the Watch

Dates are in 31-day cycles. Adjust the date in the beginning of March, May, July, October, and December.

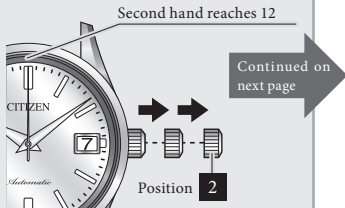
Do not adjust the date between 8 pm and 2 am. Setting the date during this period may cause damage to the watch. The date may also not change.

In case the hour hand of the watch is between 8 pm and 2 am, pull the crown to position **2** and adjust the hour to after 2 am, then set the date.

### 3

#### Pull crown to position **2**

- When the crown is pulled, the second hand will stop.
- When setting the correct time, wait until the second hand reaches 12 then pull out the crown.



# Handling the Watch

## ♦ Setting the time and date (continued)

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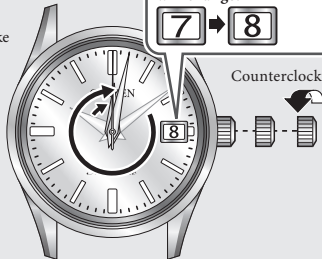
Move the minute and hour hands by rotating the crown counterclockwise to set the date.

- Turning the crown counterclockwise to make the hands move clockwise will change the date.

When the hour hand is close to 0 hours, the date will change.

7 → 8

Counterclockwise



Continued  
from previous  
page

## Handling the Watch

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Rotate the crown to adjust the time.

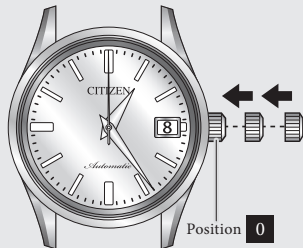


- The date changes around 0 hours. Make sure not to confuse AM and PM.

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Return crown to position **0** to end setting.

(In case of a screw down crown, lock it. See page 4).



# Troubleshooting

Symptom	Cause	Solution
The watch has stopped	The spring is not wound	Rotate crown clockwise to wind spring, and set time.
The date changes during the midday	The time is incorrect by 12 hours	Move watch hands 12 hours ahead, and adjust time and date.
Time is far ahead/behind	You have been close to a magnet	Keep away from magnets, and set the time. In case the watch does not return to its former accuracy, please contact the Citizen Owners' Help Desk or the place of purchase.
	The watch was subjected to a strong shock	Set the time. In case the watch does not return to its former accuracy, please contact the Citizen Owners' Help Desk or the place of purchase.
	The watch was left in a cold or hot place	Return to normal temperature and set the time. This watch is set for stable and accurate performance under normal temperatures.

# Precautions

## ◆ Water Resistance

### **Warning** Water Resistance

- Non-water resistant watches cannot be used underwater or in environments in contact with water.
- Water-resistance for daily use (to 3 atmospheres) means that the watch may be worn while washing your face or in the rain, but is not to be immersed in water.
- Upgraded water-resistance for daily use (to 5 atmospheres) means that the watch may be worn while swimming, but is not to worn while skin diving.
- Upgraded water-resistance for daily use (to 10/20 atmospheres) means that the watch may be worn while skin diving, but not while scuba or saturated diving using helium gas.








## Precautions

- Refer to the watch dial and the case back for the indication of the water resistance of your watch. The following chart provides examples of use for reference to ensure that your watch is used properly. (The unit "1bar" is roughly equal to 1 atmosphere.)
- WATER RESIST(ANT) ××bar may also be indicated as W.R.××bar.

Name	Indication	Specification
	Dial or Case back	
Non-water-resistant watch	—	Non-water-resistant
Everyday-use water-resistant watch	WATER RESIST(ANT)	Water-resistant to 3 atmospheres
Upgraded everyday-use water-resistant watch	WATER RESIST(ANT) 5 bar	Water-resistant to 5 atmospheres
	WATER RESIST(ANT) 10/20 bar	Water-resistant to 10 or 20 atmospheres

## Precautions

Water-related use					
	 <p>Minor exposure to water (washing face, rain, etc.)</p>	 <p>Swimming and general washing work</p>	 <p>Skin diving, marine sports</p>	 <p>Scuba diving using an air tank</p>	 <p>Operate the crown or button when the watch is wet</p>
	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
	<b>OK</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
	<b>OK</b>	<b>OK</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
	<b>OK</b>	<b>OK</b>	<b>OK</b>	<b>NO</b>	<b>NO</b>

## Precautions

### **CAUTION** To avoid injury

- Be particularly careful when wearing your watch while holding a small child, to avoid injury.
- Be particularly careful when engaged in strenuous exercise or work, to avoid injury to yourself and others.
- Do NOT wear your watch while in a sauna or other location where your watch may become excessively hot, since there is the risk of burns.
- Be careful when putting on and taking off your watch, since there is a risk of damaging your fingernails, depending on the manner in which the band is fastened.
- Take off your watch before going to bed.

### **CAUTION** Precautions

- Always use the watch with the crown pushed in (normal position). If the crown is of the screw lock-type, make sure it is securely locked.
- Do NOT operate the crown or any push buttons when the watch is wet. Water may enter the watch causing damage to vital components.
- If water enters the watch or the watch fogs up and does not clear up even after a long time, consult your dealer or Authorized Service Center for inspection and/or repair.

- Even if your watch has a high level of water resistance, please be careful of the following.
  - If your watch is immersed in sea water, rinse thoroughly with fresh water and wipe with a dry cloth.
  - Do not pour water from a tap directly onto your watch.
  - Take off your watch before taking a bath.
- If seawater enters the watch, place the watch in a box or plastic bag and immediately take it in for repair. Otherwise, pressure inside the watch will increase, and parts (crystal, crown, push button, etc.) may come off.

### **CAUTION** When Wearing your Watch

#### <Band>

- Leather, genuine skin and rubber (urethane) bands will deteriorate over time due to perspiration, body oils and dirt. Be sure to replace the band periodically.
- The durability of a leather band may be affected when wet (fading, peeling of adhesive), owing to the properties of the material. Moreover, wet leather may cause a rash.
- It is recommended to take off the watch if it gets wet, even if the watch itself is water resistant.
- Do not wear the band too tightly. Try to leave enough space between the band and your skin to allow adequate ventilation.
- The rubber (urethane) band may be stained by dyes or soil present in or on clothing or other accessories. Since these stains may not be removable, caution is required when wearing your watch with items that tend to easily transfer color (articles of clothing, purses, etc.). In addition, the band may be deteriorated by solvents or moisture in the air. Replace with a new one when it has lost elasticity or become cracked.

## Precautions

- Please request adjustment or repair of the band in the following cases:
  - You notice an abnormality with the band due to corrosion.
  - The pin of the band is protruding.
- We recommend seeking the assistance of an experienced watch technician for sizing of your watch. If adjustment is not done correctly, the bracelet may unexpectedly become detached leading to loss of your watch or injury.  
Consult Citizen Owners' Help Desk.

### <Temperature>

- The watch may stop or the function of the watch may be impaired in extremely high or low temperature.

### <Magnetism>

- Exposure to strong magnetic fields will cause the movement components to become magnetized, and the accuracy of the watch may be greatly deteriorated. Do NOT subject the watch to strongly-magnetized health equipment (magnetic necklaces, health stomach bands etc.), magnetic latch refrigerator doors, handbag clasps, mobile phone speakers, or magnetic cooking devices.

## Precautions

### <Strong Shock>

- Avoid dropping the watch or subjecting it to other strong impact. It may cause malfunctions and/or performance deterioration as well as damage to the case and bracelet.

### <Chemicals, Corrosive Gasses and Mercury>

- If paint thinner, benzene or other solvents or products containing these solvents (including gasoline, nail-polish remover, cresol, bathroom cleaners and adhesives, water repellent, etc.) are allowed to come into contact with the watch, they may discolor, dissolve or crack the materials. Be careful when handling these chemicals. Contact with mercury such as that used in thermometers may also cause discoloration of the band and case.

### <Protective Stickers>

- Be sure to remove any protective stickers that may be on your watch (case back, band, clasp, etc.). Otherwise, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash and/or corrosion of the metal parts.

## Precautions



### **CAUTION** Always keep your Watch Clean

- Rotate the crown while it is pressed in fully and press the buttons periodically so they do not become stuck due to accumulations of foreign matter.
- The case and band of the watch come into direct contact with the skin in the same manner as undergarments. Corrosion of the metal or unnoticed soiling such as that caused by perspiration and dirt can soil sleeves and other portions of clothing. Keep your watch clean at all times.
- The case and band of the watch come into direct contact with the skin. If you think there is something wrong, discontinue wearing the watch immediately and consult your physician. In the case of accumulation of sweat or dirt on a metal band or case, clean thoroughly using a brush and neutral detergent. In the case of a leather band, wipe clean using a dry cloth.
- Leather bands may become discolored by perspiration or dirt. Always keep your leather band clean by wiping with a dry cloth.

### Caring for Your Watch

- Wipe any dirt or moisture such as perspiration from the case and crystal with a soft cloth.
- For a metallic, plastic or rubber (urethane) watchband, wash any dirt off with water.  
Remove the small amounts of dirt trapped between the crevices of the metallic band with a soft brush.
- For a leather band, wipe off dirt using a dry cloth.
- If you will not be using your watch for an extended period of time, carefully wipe off any perspiration, dirt or moisture and store in a proper location, avoiding locations subject to excessively high or low temperatures and high humidity.

#### **<When Luminous Paint is used for your watch>**

The paint on the dial and hands helps you with reading the time in a dark place. The luminous paint stores light (daylight or artificial light) and glows in a dark place. It is free from any radioactive substance or any other material harmful to a human body or environment.

- The light emission gradually becomes weaker as time passes.
- The duration of the light (“glow”) will vary depending on the brightness, types of and distance from a light source, exposure time, and the amount of the paint.
- The paint may not glow and/or may dissipate quickly if exposure to light was not sufficient.



# Mechanical Watches

## Accuracy of mechanical watches

The degree to which a watch will be ahead or behind the time in one day is called a daily rate.

The accuracy of mechanical watches is shown based on its average daily rate.

The daily rate shown in this manual is an average value (static accuracy) measured over a number of days under constant conditions, such as spring winding, watch posture (horizontal: dial facing up, vertical: 3 hours down/6 hours up etc), temperature etc. The accuracy shown in this manual is for normal temperatures.

Once the watch is worn on the wrist, use conditions and the environment will change, as will accuracy. To check accuracy for daily use, allow between seven to ten days and observe the average value of the daily rate.

The accuracy of mechanical watch changes with the following conditions:

**(1) Spring winding**

**(2) Posture**

**(3) Use environment (temperature/magnetic fields/shock etc)**

**(1) Spring winding**

Full winding of the spring provides the most stable energy for mechanical watches, and ensures continued stable use.

**(2) Posture**

Mechanical watches are affected by gravity. When worn on the wrist, the watch will go through various postures (orientations), and be subjected to changes in the direction of gravity, which may affect its accuracy.

## Mechanical Watches

### (3) Use environment (temperature/magnetic fields/shock etc)

- Because mechanical watches use metal parts to control their accuracy, changes in temperature may cause the metal to expand or contract, which may affect the accuracy of the watch.
- Because mechanical watches use metal parts, exposure to magnetic fields will affect their accuracy. In order to keep the watch accurate, do NOT subject it to strongly-magnetized objects.
- Strong shocks will also affect the accuracy.

### **If the watch becomes inaccurate**

Mechanical watches may become inaccurate due to wear or insufficient lubrication.

Have the watch disassembled and cleaned (overhaul) every 2-3 years.

Wear from long-term use may cause performance degradation, and it may be difficult to return the watch to its initial performance even after repairs.

# Specification

Model	0910
No. of jewels	27 jewels
Type	Mechanical automatic winding watch
Accuracy	Average daily rate -5 sec to +10 sec
Display functions	Time: hour, minute, second hands (second hand stopping device available) Calendar: date (quick change function available)
Beats	28,800 beats / hour (8beats / second)
Movement	Spring-wound (automatic and manual)
Duration	About 42 hours (when fully wound)

- \* They are subject to change without notice for improvement.
- \* Accuracy refers to static accuracy. The accuracy range may be exceeded due to use conditions and environment (such as spring winding, wear period, watch posture, surrounding temperature).

# 取扱説明書

INSTRUCTION MANUAL